

# Church and Village News for April 2024

Bedfield, Monk Soham, Southolt, Tannington and Worlingworth

## 20<sup>th</sup> April Quiz Night

theWI  
INSPIRING WOMEN

**All welcome**

Worlingworth Community Centre  
6:30pm meal 7:30pm quiz start

Chilli/Veg & baked potato  
(Please advise any special dietary requirements)

Bar open

Raffle

Teams of 4

£8 per person



**Please book early with:**

**[dianartotten@gmail.com](mailto:dianartotten@gmail.com) 01728 628077**

**Worlingworth & Tannington Women's Institute**

**Jumble**



**NOW on 13th April**

(rearranged from previous week due to Norwich /Ipswich football match )

**Jumble Sale 1.00pm to 3.00pm at Community Centre**

**Jumble can be left at Community Centre from**

**10.00am** No electrical

Prior to 13.04.24 Jumble can also be left at Patrick Lane Farm ( ring Nora on 628316)

News from Worlingworth Community Centre. Next Meeting April 8th 7.30pm

**Film nights Oppenheimer Sat 13.04.24 Doors open 6.30 prompt start 7.00 pm**

**Bar open** This amazing biopic follows the life and work of J. Robert Oppenheimer. During World War II, Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. On July 16, 1945, their work comes to fruition as they witness the world's first nuclear explosion.

**Barbie Sat 11.05.24 Doors open 7.00pm start 7.30pm Bar open**

*SAVE THE DATE: 29th June 2024. ...*

## **WORL'YS FIRST INFLATABLE FUN DAY 29th JUNE 2024**

We've got the mammoth task to organise our first inflatable fun day combined with a series of running races.

We need a strong team of community spirited people to help pull this off!

Please join us at Worlingworth community centre on **15th April 7pm**, to be part of something great.

**Contact Chloe Cross for more info 07596 906663**

**Bingo: Next Bingo night is April 10th , eyes down at 7:30pm. Doors open 6.30pm**



The Post Office in **Bedfield** is open every Tuesday morning from:

**9.15 am to 11.15 am** in the Community Hub.

**Did you know?** Not only can you buy stamps and send parcels, **but you can also bank cash into your bank account and withdraw cash (even if you bank with another provider).** With so many high street banks closing this is a useful service.

**The pop-up Coffee Shop** also opens every Tuesday from 10.00 a.m. to 12 noon. Warm scones are always available to eat in or takeaway. Come and join us for a cuppa and a catch up with friends and neighbours.

Bedfield XI Football Club Fixtures - April 24 ( all Sundays )

7th April 10.30am - Bury Bowl F.C. vs Bedfield F.C. - Div 2 cup semi final (Away)

14th April 10.30am - West Suffolk F.C. vs Bedfield F.C. (Away)

21st April 10.30am - Bedfield F.C. v Thetford Western (home)

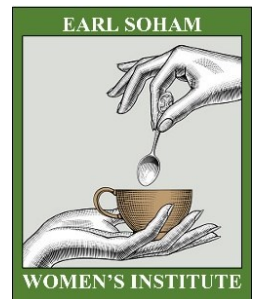
28th April 10.30am - Bedfield F.C. vs Bardwell F.C. (Home)



**Earl Soham WI** A thriving, growing and friendly group. We hold interesting, informative and fun meetings. These are usually on the 4th Thursday of every month 7.00pm at Brandeston Village Hall. New members from Earl Soham and the surrounding villages/areas are most welcome.  
Next meeting:

**25<sup>th</sup> April – 7.00pm Brandeston Village Hall**  
**“The Life of Leonard Cheshire”**  
with Barbara McElroy

Find us at [www.sefwi.org.uk](http://www.sefwi.org.uk) or contact  
Eleri Whitham – 01728 628614



## Letter for April Parish Magazines From Revd Enid

Hope is a really important part of the life of human beings. With hope all things are possible and even probable. Hope gives people the freedom to act with courage, in the reasonable expectation of good results. . . . something much needed in the life of the world at the moment. On the other hand, taking away hope from a fellow human being, is probably one of the most cruel things we could possibly do; which is one of the reasons we should be so careful about how we act towards and speak to one another. This doesn't just apply to our local relationships, but also to the relationships people have nationally and internationally. Human beings, wherever they are, need to live in hope if we are to thrive and do well.

We have just had Easter which brings supreme hope for all the world. Because of Jesus, we all have the possibility of having eternal life when we accept him as our Saviour, both now and following the end of our physical existence. Now, that is something to make us hopeful! Jesus is the giver of hope in all things. He shows us the right way to live and the right way to solve our human disagreements. Again, this is important both to us in our personal relationships and across nations. Christians believe Jesus is the way the truth and the life. At a time when the news so often makes us wince in pain, this is something to remember, that all things are possible through Christ if only we will listen to him.

April is a hopeful month in itself, with so much new life all around us. If we ask Jesus in anew, and pray in faith, perhaps it may prove to be the turning point not just for the year, but for the tide in human affairs around the world. This is my prayer for you all and for our beautiful world.      God bless you. Revd Enid

### **St Mary's Church**

**The APCM will be held at Worlingworth Community Centre at 7.00pm on April 30th.**

**This will be preceded by the Vestry Meeting when St Mary's church wardens will be elected.**



## **BEDFIELD AND MONK SOHAM GARDENING CLUB**



The native wild daffodils have appeared in lots of cheery groups this year on the wildlife meadow. This is the best they have yet been and such an encouraging sight as they much prefer well-drained soil! We hope you have all enjoyed the daffodils lining our roadsides too. Thank you again to all those folk who did the planting for both these ventures a while back.

Our proposed April garden visit is not going ahead because, like many other Spring featured gardens, the waterlogged soil has disrupted plans. However, I am pleased to report that Sue and David Entwisle have kindly offered their lovely garden, Bramble Tye, Monk Soham, IP13 7EZ, as a venue for a practical propagation event on **Friday April 5<sup>th</sup> at 2.30pm**. Bring along any plants to propagate and pots to put plantlets/cuttings in (compost provided), e.g. lift herbaceous perennials to divide, or bring soft tip/ hardwood cuttings etc. See if you've suitable material in your garden. This will increase your stock and provide invaluable plants for our plant stall, coming soon to Daisy Cottage, plus our stall at the July fete. Or just come along! For further information about our club and any events, please contact

Barbara (Lee) [gardenclubgarden@gmail.com](mailto:gardenclubgarden@gmail.com)

**Pizza at Swan car park in April**

**11th and 25th**

**Home delivery on Tuesdays in all villages Please call**

**Emma on 07921 512052 ( but need to book early)**

**News from Worlingworth Primary School Church Connections** The children finished the end of term by learning about the importance of the Easter story and reflecting on how our rainbow values are demonstrated in the actions and events. Rev Enid visited the school with members of the church community for a special Easter Messy Church session which the children thoroughly enjoyed. A special whole school Collective Worship was held at the Community Centre with the children singing and our Collective Worship Ambassadors leading the prayer. The Friends of the School organised a successful Easter Egg Hunt and Raffle to help raise money towards a special project in school. Thank you to everyone in our community for all their time and hard work in providing special opportunities.

**Taking Care of Our World** Our Eco Book was a success. The children learned about ways that we can all make a difference to help look after our world and made a pledge for what they will do. We focussed on reusing and using less with a book and toy swap stall after school. They also read lots of interesting and funny stories with an eco-theme in class and enjoyed reading for pleasure throughout the week. Two of our classes have recently been out to do litter picks around the village. The children enjoyed helping to take care of their community but were surprised by the litter people drop! A reminder to everyone to use the bins provided around the village or take it home. We also had the co-leader of the Green Party, Adrian Ramsay visit the school to talk to our Key Stage 2 classes. It was an exciting opportunity for our children to ask questions about his work and the Green Party's ideas for looking after the environment and to share with him what they had learned and their concerns for the future.

**Willows Nursery** Our full-time nursery is a busy, happy and caring place full of curious learners, ready to be challenged. Their new topic after Easter will be *Growing Up, Life Cycles* and they will be busy singing songs, reading and sharing stories, drawing, making and observing animals and plants that change! We always welcome new parents to come and visit our Early Years class and see our child-focussed curriculum in action so please contact the office if you would like to arrange a visit.

**New Monthly Toddler Group – Seeds & Saplings** Our Willows Nursery are holding new monthly play and stay sessions for toddlers and their parents or family member. The first two sessions are on : **30<sup>th</sup> April and 21<sup>st</sup> May from 2-3pm in our Early Years Class**. These informal, fun sessions will include stories, nursery rhymes, different play and craft activities inside and outside in our new Early Years Garden for all the children and will provide families with the opportunity to come and get to know the school, meet the staff and have a much-needed cuppa and chance to chat! Do come along and join us. We look forward to welcoming you to our school.

**School Council** Our School Council have been busy demonstrating our Rainbow Values of kindness, co-operation and responsibility this term by planning and organising fund-raising events for Comic Relief. They wrote a letter to parents and made posters. Children were invited to come to school with funny or a funny hat and make a donation. We all enjoyed admiring some of the crazy hairstyles in the classrooms! **For updates and further information about the school :**

Please log on and take a look: [www.worlingworthschool.co.uk](http://www.worlingworthschool.co.uk). You can also follow us on Twitter: @WorlingworthSch and facebook: Worlingworth.School. There are lots of wonderful photos on our website and information about our curriculum and values which give a flavour of life as a pupil here, celebrating our family and caring ethos.

## Open Gardens, Bedfield

29<sup>th</sup> and 30<sup>th</sup> June

The Friends of Bedfield Heritage are organising a weekend of Open Gardens in our village.

Would you consider sharing your garden? It doesn't have to be both days.

Offers of help and baking goodies are also welcome.

Please contact Debi on 07974 220669 or Lin on 07743 369920 for more information.



## OUR Club at Bedfield Hub

Everyone is welcome to the next Our Club meet up. It's on the 10th April

11am - 3pm

FREE entry and transport **Visit to Christchurch Mansion Ipswich** Meet at The Hub

11am

With time for afternoon tea or shopping if desired.

Items for May newsletter by **18th April** to Val Swallow :

v.swallow44@btinternet.com or by post to: Ivy Cottage, Shop St Worlingworth

IP13 7HX If you require a PDF please email the editor. **New date**



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## ***News from Worlingworth Cricket club***

*With all the warmer weather of late, it's probably safe to say Spring is here, and with that the approach to the season is underway!*

*Pre-season nets has been going well, with great attendance from both men's teams and the ladies team. That first session was almost euphoric getting back into cricket after the winter break.*

*The AGM on the 17<sup>th</sup> March as mentioned in our previous entry is where we set out what needs doing ahead of the start of the season. Needless to say, it was a list of maintenance tasks and spring cleaning, but also a look at fundraising efforts, including events across the season. If you're curious to come along to one of our events, check on the fixture list on the website and see what tickles your fancy.*

***First Game of cricket season at Worlingworth  
cricket club Earl Soham Road Bedfield***



***April 20th 12.30 pm visitors Melton St Audrys***

Sunday 14<sup>th</sup> April 2024 at 4 p.m.

Brundish Village Hall



Church! But not as you know it!

It is for everyone and we look forward to children bringing parents, grandparents carers, in fact the whole family! . Every element aims to be relevant and accessible to all ages. It reflects the creativity of God in its imaginative hands-on approach to being church together. It is Christ centred.

For more details for a fun packed time contact

[rev.chrissiesmart@gmail.com](mailto:rev.chrissiesmart@gmail.com)



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# Four Rivers

# April

# Church Services.

## Benefice 9 Churches 2024

	Sunday 7 <sup>th</sup> . 2 <sup>nd</sup> Sunday of Easter	Sunday 14 <sup>th</sup> . 3 <sup>rd</sup> Sunday of Easter	Sunday 21 <sup>st</sup> . 4 <sup>th</sup> Sunday of Easter	Sunday 28 <sup>th</sup> . 5 <sup>th</sup> Sunday of Easter
<b>St. Nicholas Bedfield.</b>	<b>9.30am</b> Holy Communion CS		<b>10.30am</b> Family Service Maria Price	
<b>St. Peter. Monk Soham.</b>		<b>11.00</b> Morning Prayer RA	<b>11.00</b> Holy Communion RA	
<b>St. Ethelbert. Tannington.</b>	<b>11.00</b> Holy Communion CS			
<b>St. Margaret. Southolt.</b>				
<b>St. Mary. Worlingworth</b>	<b>11.00</b> Please Support Tannington	<b>11.00</b> Let's Celebrate  LE BS	<b>11.00</b> Holy Communion CW RO	<b>11.00</b> Morning Prayer CW RA
St. Lawrence Brundish.		<b>10.30</b> Village Worship  LE SP		<b>9.00am</b> Holy Communion  CS
St. Mary. Cratfield.		<b>9.00am</b> Village Worship CS		<b>9.00am</b> Holy Communion CM
All Saints Laxfield.	<b>10.30</b> Celtic Morning Service LE	<b>10.30</b> Morning Praise  RO	<b>10.30</b> Holy Communion  CS	<b>10.30</b> Fourth Sunday Worship FS Team/CM
St. Mary. Wilby.	<b>10.30</b> Village Worship LE SP	<b>10.30</b> Holy Communion CS	<b>10.30</b> Village Worship LE SP	<b>10.30</b> Morning Prayer CS

### Zoom Services Online

Celtic Prayer Wednesdays 7pm.

Celtic Prayer Fridays 9.00a.m.

To join us, email: [rev.chrissiesmart@gmail.com](mailto:rev.chrissiesmart@gmail.com)

If no service is scheduled at your local church, you will  
be warmly welcomed to any sister church.

The Lectionary Year B	Ps. 133 W Acts 4:32-35 1 John 1:1-2:2 John 20:19-end	Ps. 4 W Acts 3:12-19 1 John 3:1-7 Luke 24:36b-48	Ps. 23 W Acts 4:5-12 1 John 3:16-end John 10:11-18	Ps. 22: 5-end W Acts 8:26-end 1 John 4:7-end John 15:1-8
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Services may not be as listed above. If you wish to confirm the time and format, please telephone



# May Provisional

For Pastoral Care, Baptisms, Wedding or Funeral arrangements

Sunday 5<sup>th</sup>.  
6<sup>th</sup> Sunday of  
Easter  
  
**10.30am**  
Holy Communion  
CS

Sunday 12<sup>th</sup>.  
7<sup>th</sup> Sunday of  
Easter

**please contact: Rev'd Enid Pow 01986 743093**  
**Priest-in-charge.** [revenid4rivers@gmail.com](mailto:revenid4rivers@gmail.com)  
**Please note: Friday is Rev'd Enid's day-off**

**Churchwardens. Elders. Contacts. Tel:**  
**St. Nicholas.** Jenny Hinchey 07710 218957  
**Bedfield** Rev. Chrissie Smart 01728 627838

**St. Peter.** Rev. Rebecca Artiss 01728 685663  
**Monk Soham.** **Geoff Artiss** 01728 685663

**St. Ethelbert.** **Chloe Cross** 07714 734756  
**Tannington.**

**St. Margaret.** Secretary,  
**Southolt.** Sarah Drnec 01728 627949

**11.00**  
Rogation  
Service  
LE BS

**11.00**  
Let's Celebrate  
  
LE BS

**St. Mary. Ww** **Ann Davidson** 07807 588485  
ChW & LE BS **Bert Stanford** 01728 628474  
Ch. Secretary. Val. Swallow 01728 628068  
LLM MS Lay Minister. Mark Sheard

St. Lawrence. Rev. Chrissie Smart 01728 627838  
Brundish. Tina Smiddy 01379 388298

**St. Mary.** Andy Edmunds 01986 798523  
**Cratfield.** Rev. Clive Mobbs 01986 798030

**10.30**  
Celtic Morning  
Service  
LE

**10.30**  
Morning Praise

All Saints **Jackie Turton** 01986 798618  
Laxfield.  
  
Lay Elder. LH Liz Hammond 01986 798726

**10.30**  
Village Worship

**10.30**  
Holy Communion  
CS

St. Mary. **Mary Pipe** 01728 723443  
Wilby. **Rob Barber** 01379 388040  
Lay Elder. SP Sheila Pipe 01728 723443

cal church, you will  
church in the benefice.

\* Denotes  
Self Supporting  
Minister }

**Clergy. Monday is Rev'd Chrissie's day off.**  
Rev. Enid Pow. Priest-in-charge. 01986 743093  
Administrator. Virginia Skoyles 07900 350117  
RA \* Rev Rebecca Artiss 01728 685663  
CM \* Rev Clive Mobbs 01986 798030  
CS \* Rev Chrissie Smart 01728 627838  
RO \* Rev Ron Orams. *Retired* 07721 682183  
LE = Lay Elder licensed to Benefice LH SP BS

e a Churchwarden or LE in the Parish.

BCP=Book of Common Prayer. CW=Common Worship

## Bedfield Church of England Primary School

St Edmundsbury and Ipswich  
Diocesan Multi Academy Trust



"If you have faith the size of a mustard seed... nothing will be impossible for you." Matthew 17:20-21



## Village Newsletter April 2024

### **World Book Day**

On World Book Day we did some whole school activities on the book, 'Where the Wild Things Are' by Maurice Sendak. The story provides lots of inspiration for the children to use their imaginations, put themselves in the character's shoes and go on a journey to new and unknown places, before returning to the security of home. We invited parents in at the end of the day to see the work the children had been doing.



### **Snape Celebration 2024**

We were lucky enough to perform at Snape Maltings as part of their Celebration week. The children all performed amazingly well and represented the school beautifully. Staff were incredibly proud of them all. Rev Chrissie said, "Thank you so very much for the tickets for the performance at Snape yesterday evening. We were so proud to be there to watch the children's performance and thought they were fantastic!"



### **Gardening**

We were excited to receive delivery of our Suffolk Show Garden box. The theme this year is the Olympics and lots of discussions are taking place around the design. We are looking forward to seeing the garden transform over the coming weeks.

### **Sports**

We have taken part in Orienteering, Netball and a swimming Gala recently. After Easter we look forward to Tennis, Cricket, Rounders as well as our Sports Afternoon

**Bags2School—our next collection is 7th. June, more details next month**

## **Monk Soham**

**Easter Day** St. Peter's church, Monk Soham, would like to thank all those who decorated the church for Easter.

## **Electoral Roll**

Completed electoral roll forms need to be completed by 6pm Monday 8<sup>th</sup> of April and returned to Timothy Artiss our Electoral roll officer. Anyone not on the electoral roll who would like to be, please contact Timothy on 01728 685 663.

## **The Vestry Meeting for St. Peter's Church Monk Soham**

The Vestry Meeting for the election of the Church Wardens will take place after the Sunday service on the **14<sup>th</sup> of April** in St. Peter's Church, Monk Soham, the service starts at 11am, all welcome. The short vestry meeting will start at about 11.50am everyone welcome to attend. Copies of the Monk Soham reports for the ACPM will be available at this meeting.

## **Monk Soham, ACPM**

The Annual Parochial Church Meeting will be held on Tuesday the 30<sup>th</sup> of April in **Worlingworth Community Centre** It will start at 7pm. 6.45pm for coffee.

## **Forthcoming event At. St. Peter's Church, Monk Soham**

*We admire the incredibly beautiful architectural heritage within our Suffolk churches, which we too often take for granted. To this aim:*

A Workshop on Medieval Geometry will take place on Wednesday the **29<sup>th</sup> of May, 10am – 12 Midday**. This hands-on session, with No prior experience necessary; will be a short introduction to the symbolic proportions and geometric constructions employed in Gothic church architecture, by **Clarissa Grandi**. Clarissa Grandi is a geometric artist, author, etc. She enjoys exploring the interplay between the precision of human -made geometry and the more organic and chaotic geometries and symmetries found in nature. She has run courses on both sides of the Atlantic. *More information on the event, Tickets, etc, to follow.*

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## WORLINGWORTH AND TANNINGTON WI

Worlingworth Community Centre

Wednesday April 3rd

*Speaker Stephen Poulter*

*To the Hammer Born*

*More details Val 01728 628068, Diana 01728 628077*

**HIGH SUFFOLK COMMUNITY BUS (HSCB)- Weekly services to :**  
**Framlingham - Tuesdays, Diss - Fridays )**

**April - Bury 3rd, 20th Stowmarket 11th, 18th, 25th**

**Norwich 13th, 24th Woodbridge 6th (final one)**

More details Alan 01728 685694 / Val 01728 628068

All timetables available on [www.combus.org.uk](http://www.combus.org.uk)

*The next meeting of the Parish Council is on*

**Wednesday 17<sup>th</sup> April 2024 at 7.30pm  
in the Community Centre, all are welcome**



Parish Council meeting will start "not before 8.15pm" instead of it starting at 7.30pm.

***worlingworthparishclerk@gmail.com***

Minutes of previous parish council meetings can be viewed on the village website at [www.worlingworth.onesuffolk.net](http://www.worlingworth.onesuffolk.net)

### **Invitation to All**

### **Annual Parish Meeting – Wednesday 17th April in the Community Centre at 7.30pm**

Parish Council meeting will start "not before 8.15pm" instead of it starting at 7.30pm.

The Annual Parish Meeting is an opportunity to find out what we and other village organisations have been doing for you over the past year and a chance to see how the money raised at a local level – through what is known as the precept – has been spent. There will also be an opportunity to put forward ideas and suggestions for the future of the village. Please join us if you can.

### **VOLUNTEERS NEEDED TO HELP ORGANISE COMMUNITY EVENTS**

**\*\* Without Volunteers These Events Cannot Run \*\***

Spring Clean – Saturday 18<sup>th</sup> May

D-Day 80 Commemorations – Thursday 6<sup>th</sup> June

Walking Day – Saturday 12<sup>th</sup> October

Christmas Tractor Run – Saturday 14<sup>th</sup> December

The Parish Council is looking to organise the various events as listed above throughout the year, but volunteers to help are needed urgently. If you are willing to help at any of the above events then please contact the Parish Clerk and working parties can be formed to ensure that these events go ahead. If we don't get volunteers by the next Parish Council meeting on 17<sup>th</sup> April then there will be no option but to cancel the Spring Clean and the D-Day 80 Commemorations.

### **Website Update Emails**

If you would like to subscribe to a mailing list to receive notifications of when updates have been posted to the village website, please email [worlingworthparishclerk@gmail.com](mailto:worlingworthparishclerk@gmail.com) with "PC Alerts" in the subject line. Your email address will not be used for any other purpose.





**Bedfield CofE Primary School**

# Toddler Group

Every Friday : 2 - 3pm  
term time only

**We warmly welcome you to stay and play**

Come and join our relaxed, small group sessions with indoor and outdoor provisions for play



**A small school with a big heart**



Tel: 01728 628 306  
Email: [admin@bedfield.suffolk.sch.uk](mailto:admin@bedfield.suffolk.sch.uk)  
[www.bedfieldschool.co.uk](http://www.bedfieldschool.co.uk)



We will be running our pre-school stay and play session after Easter starting on 19th April.

The winners of St Nicholas **100** Club in March were Susan Leverick and Matt Reed.



## Bedfield Primary School



**Do you have any unwanted clothes, shoes or accessories that you would like to donate to our recycling effort?**

**A new Bag2School collection will be on**

**Friday 7<sup>th</sup> June**

**Please leave your donations outside the school gates anytime before this date**

**The following 'good quality' items are accepted for RE-USE:**

- ✓ Men's, Ladies' and Children's clothing
- ✓ Paired shoes (tied together or elastic band around)
- ✓ Handbags
- ✓ Hats and Bags
- ✓ Scarves and ties
- ✓ Jewellery
- ✓ Lingerie and Socks
- ✓ Belts
- ✓ Soft toys
- ✓ Household linen
- ✓ Curtains
- ✓ Towels
- ✓ Bedding (bed sheets, pillow cases and duvet covers)



**Please note that the following are not accepted:**

- ✓ Duvelts and Blankets
- ✓ Pillows and cushions
- ✓ Carpets, rugs and mats (including bath, shower and toilet mats)
- ✓ Soiled, painted, ripped or wet clothing
- ✓ School uniforms with and without logo
- ✓ Corporate clothing and workwear
- ✓ Textile off cuts, yarns or threaded material



**Please drop bags of clothes off at the front of the school between Monday 3rd June and Thursday 6th June.**

**PADDOCK MAINTENANCE**

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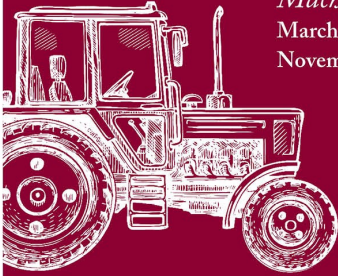
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Auctions



*Farm Machinery*  
March | June  
November



*Militaria,  
Airguns  
& Firearms*  
20 April  
17 August  
7 Dec

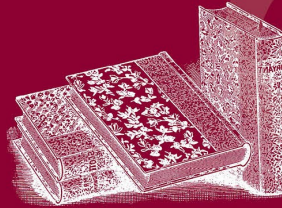


*Rural Bygones*  
10 Feb | 27 July  
21 Sept

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# Calendar 2024



*Books &  
Collectables*  
15 January



*Interiors & Art*  
28 Feb | 10 April  
15 May 26 June  
7 August | 25 Sept  
13 Nov

*Plus general  
sales almost  
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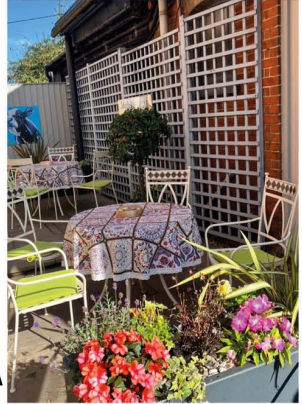
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**Have you just moved in to Worlingworth, or do you know of someone who has? Please contact Jane Butler on 01728 628330 so she can deliver a copy of the "Worlingworth Welcome Pack", free to all newcomers to the village.**





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**Hello CARE CAFE**

Are you a Carer, Cared For, Bereaved or Alone?

You would be welcome to join us on the third Monday of each month at the Bedfield Community Hub

**ENJOY A nice relaxing coffee AND make A FRIEND**

Just come for Refreshments and chat, an understanding ear or just some space to breathe.

A time to be 'off duty' for a while.

**FREE FOR EVERYONE** and open to folk from surrounding villages

**COFFEE MORNING**  
\*Third Monday of each month 10:30 - 1pm

Please contact Jenny Hinchey on 01728 627134 or 07710 218957 for further details

**There's always more COFFEE**

**FIND OUT MORE**

Our thanks to our sponsors - Mid Suffolk CC and Bedfield Town Estate

## Defibrillator locations

- Worlingworth Outside Community Centre building
- Bedfield Village Hub, and Worlingworth Cricket Club pavilion
- Monk Soham Jewsons outside gates